

## **MEDICINE MINDER**

### **ABSTRACT OF THE DISCLOSURE**

A medicine minder has an elastic band capable of detachable attachment to a conventional medical prescription bottle. An indicator is connected to the elastic band and has a  
5 first side, a second side, a first indicia indicating medicine needs to be taken, and a second indicia indicating medicine has been taken. A band hook and loop fastener is connected to the elastic band. A first side hook and loop fastener is connected to the indicator first side detachable mount end. A second side hook and loop fastener is connected to the indicator second side detachable mount end.